



August 1, 2012

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. **Please forward this email to others on your email list with an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website** www.Colorado.gov/SchoolSafetyResourceCenter

CURRENT EVENTS AND ANNOUNCEMENTS

❖ Message from the Director

- The Colorado School Safety Resource Center joins Aurora, the state, and the nation in shock and grief about the recent shooting. We applaud the many, many folks who have volunteered their support to the community as well as the Aurora Public Schools. The Center is available for resources for any schools looking to enhance their school safety planning for the coming year as we all reassure students that our schools are safe.
- Aurora Public Schools has a page on their website to provide information helpful to their students, parents and community members. [Aurora Public Schools Disaster Recovery](#)
- [Parents' Response to Traumatic Events](#), from CSSRC

❖ New CSSRC Website

- The Colorado School Safety Resource Center has partnered with the Statewide Internet Portal Authority for an updated website.
- Visit our new website at www.Colorado.gov/SchoolSafetyResourceCenter and take a look!

❖ Crisis Planning for an Off-Campus Event

- **Learn how to prepare your school with the Colorado School Safety Resource Center's new FREE online learning module, "[Crisis Planning for an Off-Campus Event](#)."**
- To access the training:
 - The training works best with Internet Explorer web browser
 - Go to www.co.train.org
 - Sign in or create a new account. You will already have an account if you have attended CSSRC in-person trainings in the past.
 - Search for **Course ID 1026872**

- This course counts as one hour of professional training. A printable certificate will be available upon completion of the course.

❖ **Bullying Prevention & Intervention Under Colorado Law**

- **Keep yourself and your school informed about Colorado laws and best practices regarding bullying with the Colorado School Safety Resource Center's new FREE online learning module, "[Bullying Prevention & Intervention Under Colorado Law](#)."**
- To access the training:
 - The training works best with Internet Explorer web browser
 - Go to www.co.train.org
 - Sign in or create a new account. You will already have an account if you have attended CSSRC in-person trainings in the past.
 - Search for **Course ID 1034235**
 - This course counts as one hour of professional training. A printable certificate will be available upon completion of the course.

COLORADO SCHOOL SAFETY CENTER TRAININGS

❖ **Adult Sexual Misconduct in Schools: Prevention and Management – Supported by Colorado School Safety Resource Center, Colorado Association of School Boards, and Colorado School Districts Self Insurance Pool**

- **Thursday, August 16, 2012, 9:00 am – 4:00 pm**
- **Provided by the U.S. Department of Education Readiness and Emergency Management for Schools (REMS) Technical Assistance (TA) Center**
- This is the only time this training will be offered in Colorado.
- Registration is **FULL**. Call Kari DeCelle to be added to the wait list, **916-983-5874 ext. 12**
- **Who should attend:** ideally teams of 3-5 people from participating districts and schools, human resource directors, executive management, school board members, master trainers
- [More information](#)
- [Registration](#)

❖ **Youth Substance Abuse Symposium – Sponsored by Colorado School Safety Resource Center, Colorado Department of Education, and Colorado Department of Human Services**

- **Denver Metro Area: Thursday, September 27, 2012, 8:00 am – 5:00 pm **Registration is open****
- **Featuring Special Guest Speakers:** Paula Riggs, M.D. and Marguerite McCormack
- **Who should attend:** school substance abuse prevention personnel, administrators, school health and mental health professionals, school safety teams, law enforcement officers, and community mental health personnel.
- **What:** Co-occurring substance use and psychiatric disorders, mental health issues and trauma, school based prevention and intervention, community based prevention and parent engagement, effective treatment and recovery support services, and more...

- **No charge for Colorado participants**, light breakfast and lunch provided. Space is limited and registration is required.
- See the [Youth Substance Abuse Symposium Flyer](#) for more information.
- **Registration Instructions:** Please go to www.co.train.org. First set up a learner account and then register for the Symposium location and date using the **course ID** number: **1031923**. You will need Internet Explorer to register through the CO Train System. If you have questions or need assistance with registration, please contact the Colorado School Safety Resource Center at 303-239-4435.

❖ **Bullying Prevention Institute – Sponsored by Colorado School Safety Resource Center, Colorado Department of Education, and Colorado Legacy Foundation**

- **Thursday, October 25, 2012, 8:00 am – 3:30 pm, Silverthorne Town Pavilion, 400 Blue River Parkway, Silverthorne, 80498 **Registration is open****
- **Featuring Special Guest Speaker:** Dorothy Espelage, Ph.D., University of Illinois, Urbana-Champaign
- **Designed for:** administrators, PBIS teams, school safety teams, school mental health professionals
- **No charge for Colorado participants**
- Space is limited and registration is required
- **Registration Instructions:** Please go to www.co.train.org. Set up a learner account and register for the Symposium location and date using the **course ID** number: **1033731**. You will need Internet Explorer to register through the CO Train System. If you have questions or need assistance with registration, please contact the Colorado School Safety Resource Center at 303-239-4435.
- See the [Bullying Prevention Institute Flyer](#) for more information

❖ **Youth Suicide Prevention and Intervention Symposium – Sponsored by Colorado School Safety Resource Center, Colorado Department of Education, and Office of Suicide Prevention (CDPHE), with support from Aurora Public Schools**

- **SAVE the DATE: Thursday, November 29, 2012, 8:00 am – 3:30 pm, Aurora Public Schools Professional Learning and Conference Center**
- **Featuring Special Guest Speaker:** Mary Margaret Kerr, Ph.D., University of Pittsburgh
- **Designed for:** School Administrators and school suicide intervention teams, including school psychologists, school social workers, counselors, SROs, nurses, special educators, teachers, community partners, and crisis response teams.
- **No charge for Colorado participants**
- Participants will hear from both state and community leaders and panels of school and agency personnel with a variety of experience in youth suicide prevention and response.

OTHER COLORADO TRAININGS

❖ **Colorado 9to25, Colorado's youth system-building effort, LAUNCH**

- **August 9, 12:00pm-3:00pm, Denver Area Location To Be Determined**

- [CO9to25](#) is about creating the space for youth and adults to connect and share ideas about the best ways to ensure that all Colorado youth ages 9-25 are safe, healthy, educated, connected and contributing.
- [RSVP](#)

❖ **Mental Health First Aid (MHFA) Training**

- **September 10 and 12, 8:30am-4:30pm, Peer Assistance Services, 2170 S. Parker Rd., Denver, CO 80231**
- Mental health problems – such as depression, anxiety, and misuse of alcohol and other drugs – are increasingly common in the United States. The National Council on Community Behavioral Healthcare has begun working with communities and organizations throughout the nation, including the OMNI Institute, to implement Mental Health First Aid (MHFA). MHFA provides skills to empower individuals to help community members who might be developing a mental health problem or experiencing a mental health crisis.
- For more information, email Jere Thomas at jthomas@omni.org
- [Registration](#) (click the grey box on the left side of the screen)

❖ **Colorado Drug Endangered Children Conference**

- **September 24-25, Vail Marriott Mountain Resort, 715 W. Lionshead Circle, Vail, CO 81657**
- The Colorado Alliance for Drug Endangered Children is partnering with the Denver Alliance for Drug Endangered Children and Justice Initiative for Drug Endangered Families to host this event.
- The Fourth Annual Colorado Drug Endangered Children Conference will examine the multi-faceted approaches to identifying and supporting children and families affected by substance use, distribution, and manufacturing/cultivation. A primary goal of this conference is to inspire professionals to create large scale social change in their communities as a result of better cross-sector coordination.
- [More information and \\$115 registration](#)

NATIONAL TRAININGS

❖ **If You Build It, They Will Come: Building and Sustaining Effective Campus Recovery Programs**

- U.S. Department of Education's Higher Education Center for Alcohol, Drug Abuse, and Violence Prevention
- **August 2-3, 2012, Washington, D.C.**
- Researchers estimate that as many as 31 percent of college students meet diagnostic criteria for alcohol abuse, and another 6 percent are alcohol dependent. The environment on college campuses and in their surrounding communities often supports a culture of high-risk drinking. Staying sober and completing their college education in an environment where drinking and, to a lesser extent, other drug use are accepted and prevalent presents real challenges for students who are in recovery from alcohol and/or drug addiction.
- [More information and FREE registration](#)

❖ **Meeting the Challenge: Building and Sustaining Capacity to Improve Conditions for Learning National Conference**

- U.S. Department of Education's Office of Safe and Healthy Students ([OSHS](#))

- **August 8-9, 2012, Washington, D.C.**
- The Conference will explore five prevailing and emerging issues that influence conditions for learning – school discipline; gender-based violence; behavioral health; bullying; and school safety.
- [More information and free registration](#)

ONLINE TRAININGS

Courses

❖ Demystifying Trauma: Sharing Pathways to Healing and Wellness

- Presented by SAMHSA's Center to Promote Acceptance, Dignity, and Social Inclusion Associated with Mental Health ([ADS Center](#))
- During this 90-minute webinar, you will learn how traumatic experiences and their impact are a nearly universal experience and how broad the impact can be on mind, body, spirit, and relationships. However, healing from these experiences is very unique to the individual. You will learn the power of a personal story in the recovery from trauma, recognize the value of the "person as teacher," and recognize the value of being an active listener. Relationships, especially peer support, can be a source of strength and transformation after trauma. Learn how to build peer relationships based on mutual needs. Gain strategies and techniques for listening in a way that is supportive and compassionate, but also allows listeners to cope with the emotional responses that may be triggered by painful stories.
- [Access the archived webinar](#)

❖ Sources of Strength: Preventing Suicide among High School Students through Peer Leadership and Adult Mentoring

- Presented by the Suicide Prevention Resource Center ([SPRC](#))
- [Sources of Strength](#) is a program that trains diverse high school students to serve as peer leaders and connects them with adult advisors at school and in the community. With support from the advisors, the peer leaders conduct well-defined messaging activities intended to change peer group norms influencing coping practices and problem behaviors (e.g., self-harm, drug use, unhealthy sexual practices). An evaluation of the program in 18 high schools found that the curriculum led to changes in peer leaders' coping practices and connectedness with adults and to changes in norms of students in the school population.
- [Access the slides and a recording of the webinar](#)

❖ Using Evidence-based Registries for Program Selection – Realities for Bullying Prevention

- Presented by the Safe and Supportive Schools Technical Assistance Center ([SSSTA](#))
- National registries of evidence-based programs are often utilized to assess the efficacy of available program options and used as a guide to gauge the appropriateness of alternative programs. In this webinar, bullying prevention programming was presented as an example of this process.
- [Access the archived webinar](#)

Webinars

❖ Saving Lives: A Framework for Suicide Prevention in Schools

- **August 7, 2012, 2:00pm ET**

- Presented by [Community Solutions at the University of South Florida](#)
- This webinar explores a valuable resource for educators and individuals who are engaged in, or are interested in assessing, developing, or expanding youth suicide prevention efforts in their school setting.
- [More information and registration](#)

CURRENT GRANT OPPORTUNITIES

❖ Healthy Community Grants

- **Applications due September 7, 2012**
- Funded by the Wellpoint Foundation
- The WellPoint Foundation invests in domestic initiatives that help improve the lives of people and the health of local communities. The Foundation promotes healthy behaviors, health-risk prevention, and healthy environments. Focus areas include childhood obesity prevention.
- Award amounts vary. **Public schools** and nonprofit organizations are eligible to apply.
- [More information and application](#)

❖ Services, Training, Education and Policies to Reduce Sexual Assault, Domestic Violence, and Stalking in Secondary Schools (STEP) Grant

- **Solicitations not yet open, but coming soon!**
- Funded by the U.S. Department of Justice Office on Violence Against Women ([OVW](#))
- This program is intended to support **middle and high schools** to develop and implement effective training, services, prevention strategies, policies, and coordinated community responses for student victims of sexual assault, domestic violence, dating violence and stalking.
- [Check here for solicitation information](#)
- **If your program is interested in brainstorming potential ideas around partnerships for this collaborative funding opportunity, please contact Karen Moldovan, CCASA Program Manager, at advocacy@ccasa.org or 303-839-9999.**

❖ Find and Apply for Government Grants Using Grants.gov webinar

- This webinar, conducted by Michael Pellegrino of [Grants.gov](#), provides details on how to find and apply for federal grants using Grants.gov, focusing primarily on how to research potential grants from the Department of Education.
- [Watch the webinar](#)

RESOURCES

❖ Research and Statistics Resources

- **Healthy Kids Colorado Survey Factsheets**
 - In the fall of 2011, a total of 1,614 students in 33 public middle schools and 1,523 students in 33 public high schools throughout Colorado completed the Healthy Kids Colorado Survey (HKCS), which includes components of the Centers for Disease Control and Prevention's Youth Risk Behavior Survey (YRBS).

- Colorado achieved sufficient participation in 2011 from selected schools and students that data was able to be weighted and can be considered representative of students in Colorado in grades 9-12.
- Download the [Middle School fact sheet](#)
- Download the [High School fact sheet](#)
- [Learn more about the Healthy Kids Colorado Survey](#)
- **Associations of Alcohol, Nicotine, Cannabis, and Drug Use/Dependence with Educational Attainment**
 - A study of more than 6,000 twins, which included male twins who served in the military during the Vietnam era, found those who began drinking early in their teen years were less likely to finish college than those who did not use drugs or alcohol until later in life and did not become dependent. The researchers say the study provides further evidence that it is important to continue public health efforts to reduce underage drinking, smoking, and use of drugs.
 - Study published in [Alcoholism: Clinical & Experimental Research](#).
 - [Access the study](#)

❖ Prevention Resources

- **1 is 2 Many**
 - This dating violence prevention initiative focusing on young people was launched by the White House.
 - As part of that initiative, the Vice President heard from young people who said that solving the problem of this violence will require reshaping cultural views about what it means to "be a man" and who has the responsibility to help stop abuse. A number of professional athletes have now joined the president and vice president in a public service announcement that will air this summer.
 - [Visit the website](#)
 - [View the PSA](#)
- **Colorado Meth Project**
 - The Colorado Meth Project is a large-scale prevention program aimed at reducing Meth use through public service messaging, public policy, and community outreach. Central to the integrated, research-based campaign is MethProject.org—a definitive source for information about Meth for teens—supported by hard-hitting TV, radio, print, online, mobile, and social media campaigns that communicate the risks of Meth use.
 - The Meth Project is funded by a grant from the [Thomas and Stacey Siebel Foundation](#) and was cited by the White House as one of the nation's most effective prevention programs and a model for the nation.
 - Learn more about the [Colorado Meth Project](#)
 - Visit [MethProject.org](#)
- **Speak Now!**
 - The Speak Now Campaign, administered by the Colorado Department of Human Services, Division of Behavioral Health ([DBH](#)), aims to urge parents and guardians to

Speak to teens about the dangers of underage drinking resulting in eliminating or at least reducing the binge drinking disparity among teenage youth statewide.

- Colorado ranks 9th highest in the nation in terms of binge drinking among teenage youth.
- [Check out the Campaign](#)

❖ Recovery Resources

- **Parent Guidelines for Helping Children Impacted by Wildfires**

- These guidelines are available from the National Child Traumatic Stress Network ([NCTSN](#))
- Children's reactions to the wildfires and their aftermath are strongly influenced by how their parents, teachers, and other caregivers cope during and after the events. They often turn to these adults for information, comfort, and help.
- [Download the guidelines](#)

❖ Follow Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow [@CoSSRC](#) on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



- [Follow us on Twitter](#)

THE CSSRC IS AVAILABLE to any Pre-K through higher education school to assist in your school safety planning. Our mission is to provide ***no cost consultation, resources, training and technical assistance*** that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/SchoolSafetyResourceCenter) for the latest school safety information and upcoming trainings. **Call us at: 303-239-4435.**



Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center
690 Kipling Street #2300
Denver, CO 80215 (Office address)

700 Kipling Street #1000
Denver, CO 80215 (Mailing address)
303.239.4435
fax: 303.239.4510
email: schoolsafetycenter@cdps.state.co.us
Website: www.Colorado.gov/SchoolSafetyResourceCenter

Supporting Safe and Positive Colorado Schools